

# Writing As A Wisdom Project

with Catherine Gammon

9:00 – 5:00 on Saturday March 18, 2017  
Stillpoint Zen Community, Lawrenceville PA



Combining meditation in the Zen tradition with the practice of imaginative writing, this workshop invites intimate and creative study of the mind. Engaging playfully with language, we write together from prompts and read aloud, listen, and respond to one another's words. Our writings and responses are explorations, and our conversations are based in imaginative insight rather than craft or critique. The day is appropriate for participants at any level of literary or meditation experience. Meditation guidance will be offered as needed.

**Please bring paper and pens to write with, even if you are accustomed to composing on a keyboard (and leave your computer at home). Please arrive by 8:45 to get settled, so that we can begin promptly at 9:00. We will take a break for lunch and everyone is encouraged to bring something to share with others. The day will end at 5:00.**

**A contribution of \$40 to Stillpoint (\$30 for members) is suggested.**

**This offering is to cover use of the space in support of Stillpoint and to provide dana for teaching.**

**Any donation is welcome, but is not required for participation.**

***If you plan to attend or if you have questions please email  
liberationheart@gmail.com***

Catherine Gammon is a fiction writer and Soto Zen priest, ordained in 2005 by Tenshin Reb Anderson Roshi in the lineage of Shunryu Suzuki. Her novel *Sorrow* (Braddock Avenue Books, 2013) was a finalist for the Northern California Book Award. Her novel *Isabel Out of the Rain* was published by Mercury House in 1991, and her shorter fiction has appeared in literary journals for many years. Before beginning residential Zen training at San Francisco Zen Center's Tassajara and Green Gulch Farm, Catherine served for ten years on the MFA faculty of the University of Pittsburgh.

***Stillpoint Zen Community, 137 41st Street, Lawrenceville PA***